PowerJog Home

Self-propelled treadmill for home use.



Now you can walk, jog or sprint in the comfort of your home with no intervention other than shifting your body forward to accelerate or backwards to slow down or stop, no need to touch any buttons on the console.

The curve surface encourages the user to run using the balls of the feet improving posture, reducing joint impact, improving performance and burning up to 30% more calories compared to electric treadmills. 100% muscle activation, your body is the motor. The rubber slats give the user incredible shock absorption with low foot impact.

Specifications:

- Self-propelled treadmill curved design for home use.
- No power required with beautiful high quality hardwood frame.
- Running surface L 57" W 18" made with fifty rubber molded slats that provide great comfort and shock absorption to protect joints.
- Treadmill dimensions L 58" W 32.5" H 61". Treadmill weight: 215 lbs with two front wheels and rear handle for easy portability.
- LCD console measures: speed (km/hr), time, distance (km), calories, watts, RPM & heart rate using the chest strap provided.
- No speed limit and ideal for interval training and quick change in speed.
- Safety: long handrails with reverse protection.
- Maximum user weight: 330 lbs.

